

No one wants
to pay full price!

**So grab your
discounts!**



As part of your myWellbeing portal you could be in with a chance of getting a discounted gym membership

With over 3,000 gyms to choose from it's worth making sure you're getting the best deal for your money.

How to access your gym discount?

- 1 Log in to your Simplyhealth online account at simplyhealth.co.uk/login
- 2 Select your current plan and click "Access myWellbeing"
- 3 Go to Benefits & Discounts and select gym discounts

This search will happen through our partner provider, MyGymDiscounts. Once you've located your nearest gym and found the best offer for you, download your voucher.

Enter a few details to access your voucher, and then redeem it at the gym.

Frequently asked questions

The gym I want to join is not on your list?

If your gym is not listed please submit the details on MyGymDiscounts by clicking on 'Invite a Gym' in their contact page - please ensure you are logged in to find this in the menu. They will do their best to enrol the gym and get a discount for you. This can take anywhere from 2 days to 2 months depending on the gym.

Are the discounts available for my family?

The majority of participating gyms extend the offer to partners. Usually a partner is deemed to be an individual who lives at the same address as you. Please check with your gym as terms and conditions may apply.

What discount am I entitled to?

The level and type of discount will vary from gym to gym. In most cases details of the offer will be listed in 'The Offer' section within the club listing for each gym. Some gyms may require you to contact them to confirm the current offer. The discount is applied on today's membership options.

I am already a member at the gym, can I still get a discount?

Most participating gyms will allow you to transfer an existing membership across to the current MyGymDiscounts offer. Some may only apply the discount after your initial contracted period comes to an end. Please be aware that a small number of gyms only waive the joining fee or provide the first month free, as such this offer is only applicable to new joiners. Please contact the membership team at your gym who should be able to help.